SRES® MARKETPLACE

CONSUMER NEWSLETTER

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Navigating Retirement Choices: Pick the Ideal Community and Home

If you're considering your future living arrangements, take a look at <u>Buying a Home to Age-In-Place: A Guide</u> by SeniorHomes.com to kickstart your planning.

The guide walks you through some of the big question marks about where to age, your ideal future community, age-friendly amenities to search for, and options for future care needs.

Here are eight topics to consider when vetting a prospective community for retirement.

- 1. **Walkability** Is the neighborhood walkable, well-lit, and safe for exercising and running errands? Are the sidewalks wide, level, and uncracked with an easy grade throughout the area to encourage walking?
- 2. **Public safety** Is the neighborhood safe, meaning would you feel comfortable being out at night?
- 3. **Public transportation** Does the area offer easy-to-access public transportation? Safe public transportation is critical if driving becomes more difficult.
- 4. **Accessible amenities** How close is the nearest grocery store, pharmacy, bank, restaurant, and other businesses you'll need? Essential services within easy walking distance support continued independence.
- 5. **Healthcare** What are the closest hospitals and healthcare facilities? Are they high quality? Good medical care is essential to ensure health and well-being as you age.
- 6. **Support services** What options exist for services like Meals on Wheels, home health care, adult day care, and other caregiving support?
- Social amenities Will you have access to senior organizations, volunteer
 opportunities, and various social activities? Social opportunities are crucial for cognitive,
 mental, and physical health, so cultural, religious, and entertainment venues should be
 nearby.
- 8. **Airport accessibility** Is the neighborhood close to family and friends? Is there a nearby airport to make visiting out-of-town family and friends easy and vice versa?

The guide also includes resources—professionals who can help you buy a home, for example—and a simple aging-in-place checklist to vet potential properties. That checklist is useful to assess your current house and identify necessary age-friendly upgrades—accessible entrances, hallways, doorways, bathrooms, and kitchen—you'd need to make to continue living there.

Also, see the <u>AARP Livability Index</u>, another helpful resource for researching retirement destinations. For more, visit the <u>SRES® blog</u>.

7 Pennsylvania Cities Named Best Places to Retire List

Cities in Pennsylvania grabbed seven of the top 10 spots in U.S. News and World Report's 2024 Best Places to Retire ranking. What may be surprising is that no Florida or Arizona city makes the list's top five.

The criteria U.S. News and World Report used in making its choices were affordability (including housing, utilities, and goods), happiness (including crime, well-being, and air quality), healthcare quality, retiree taxes, desirability, and the job market.

Its top pick, Harrisburg, Penn., was lauded for its lower cost of living and more affordable housing than other East Coast metro areas. In addition, it delivers an array of aging-friendly features like accessible biking and hiking. Plus, it's within easy reach of getaways like Amish Country and Gettysburg National Military Park and road-tripping opportunities to big cities: New York City, Philadelphia, Baltimore, and Washington, D.C.

Top 10 Retirement Spots

- 1. Harrisburg, PA
- 2. Reading, PA
- 3. Lancaster, PA
- 4. Scranton, PA
- 5. Allentown, PA
- 6. New York City, NY
- 7. York, PA
- 8. Daytona Beach, FL
- 9. Youngstown, OH
- 10. Pittsburgh, PA

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Cheree Tiry Cheree@TeamTiry.com 715-835-2129 www.TeamTiry.com

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